

## Appendix B

# Introduction To R and RStudio

According to the website <https://www.r-project.org/>, R [R Core Team, 2022] is a free software environment for statistical computing and graphics. Because R is free and it is available for the most commonly used operating systems such as Windows, MacOSX and Linux, it has become very popular in statistics and in data science. Furthermore, R can be extended with user-contributed code and documentation (called R-packages) in a very easy and standardised way. The number of available R-packages is growing rapidly and has reached

RStudio (<https://www.rstudio.com/>) is a private company that among a large number of different products distributes the RStudio Integrated Development Environment (IDE) for R. A great number of different resources about R and RStudio IDE is available. Some of them are listed here.

- **R:** From the R website, there is an introduction to R available at: <https://cran.r-project.org/doc/manuals/r-release/R-intro.html>.
- **RStudio IDE:** The link <https://resources.rstudio.com/> points to a series of webinars introducing R and RStudio.